

AnneRobson  
Trust<sup>®</sup>



# PLANNING AHEAD

## My Wishes Checklist

FULL NAME:

DATE OF BIRTH:

ADDRESS:

DATE CREATED:

Registered Charity 1178352



# My Wishes Checklist

Our charity works to support everyone as they approach the end of their life. We hope to make this difficult time easier for people going through it themselves, and for those who care for them.

## **Why is it important to fill in the My Wishes document?**

You may be thinking ‘Where do I start to get my affairs in order?’

When you die (and lets face it, it’s going to happen to all of us eventually) your loved ones will be overwhelmed with grief and sadness. It will make a painful and difficult time easier knowing that you have provided a document(s) with everything they might need to know.

No matter how many times you’ve talked through your finances and where everything is kept, your loved ones may have difficulty remembering the details in the midst of their grief.

Any conflict or questions that come up between different family members could be answered when they refer to your My Wishes Checklist.

Thinking about what you would want, collecting the information and getting everything recorded allows you to have time to understand what documents you could have in place, to think about your wishes and express them clearly.

There are often questions we may not think of when completing this Checklist as what we would like following our death may not always be possible (financially or perhaps legally) which is why we gently encourage conversations with your loved ones whilst making plans for the end of your life.

# How to use My Wishes Checklist

We have created this document to act as a 'crib' sheet – a list of headings and prompts for you to make your own. You certainly don't need to fill in every section. You can pick out the bits that are relevant to you and your life.

You may find that you start looking through the list and feel overwhelmed by the details. Don't be put off. Fill out the bits you know the answers to. Starting is always the hardest part. You can pick it up, and put it down and come back to it as many times as you'd like to. Delete the bits that you don't feel are relevant to you. These are your wishes. You can fill this document in electronically, or print it out and fill in by hand.

## CONTENTS

1.	Passwords and logins
2.	Money & utility bills
3.	Your car
4.	Legal stuff
5.	Your health
6.	Your home
7.	Personal documents
8.	In the last weeks of life
9.	After my death
10	Other info you'd like to include

# 1. Passwords & Logins

	Yes	Details
Computer Password		
Email Login		
Mobile Phone Password		
iPad / or Tablet Password		
iTunes/Apples ID/Apples TV		
Amazon / Paypal other online shopping		
Sky		
Netflix		
Amazon Prime		
Google Play		
Spotify		
Have you made plans for your digital legacy?		
Twitter		
Facebook		
LinkedIn		
Instagram		
YouTube		

## Other Passwords & Logins

	Yes	Details

## What will happen to my Facebook account if I die?

When you die you can choose to either appoint a legacy contact to look after your memorialised account or have your account permanently deleted from Facebook.

If you don't choose to have your account permanently deleted, it will be memorialised if we become aware of your death.

A legacy contact is someone you choose to look after your account if it's memorialised. If you add a legacy contact, that person will be able to make decisions about your account once it's memorialised.

How to add a legacy contact: <https://www.facebook.com/help/1070665206293088>



# 3. Your Car

	Yes	Details
Make and model		
Registration		
V5C Log Book		
Motor Insurance		
Breakdown Cover		
Car Service Plan		



## 4. Legal Stuff

	Yes	Details
Have you made a will? If so, where is it kept?		
For more information on making a Will follow this link <a href="https://www.gov.uk/make-will">https://www.gov.uk/make-will</a>		
Who are your Executors?		
Do you have a solicitor?		
Have you made a Lasting Power of Attorney – Health & Welfare		
Have you made a Lasting Power of Attorney – Financial Affairs		
<a href="https://www.gov.uk/power-of-attorney">https://www.gov.uk/power-of-attorney</a>		



# 5. Your Health

	Yes	Details
GP		
Dentist		
Opticians		
NHS Number		



# 6. Your Home

	Yes	Details
Mortgage / Title Deeds		
Landlord Contact Details		
Council Tax Info		
Building Insurance provider		
Contents Insurance provider		
Landline & Wi-fi Supplier		
Mobile Phone Supplier (and insurance)		
<b>Household Utility Suppliers</b>		
Electricity		
Gas		
Water		



# 7. Personal Documents

	Yes	Details
Birth Certificate		
Marriage or Civil Partnership Certificate		
Divorce paperwork		
Passport		
Driving Licence		
National Insurance Number		
Life Insurance Policy		
HMRC Personal Reference Number		
Government Gateway		



# 8. In the last weeks/days of my life

If you can no longer decide for yourself, where would you prefer to be cared for? i.e at home, home with carers, with family, in a care home, in a hospice or a hospital. You might find it helpful to read some resources around this subject:

<https://www.bma.org.uk/media/2566/bma-advance-care-plan-patient-information-leaflet-june-2020.pdf>

<https://www.ageuk.org.uk/globalassets/age-uk/documents/factsheets/large-print-factsheets/fs72-lp-advance-decisions-advance-statements-and-living-wills.pdf>

Have you spoken to Health Care Professionals? Do you have an Advance Decision?

Read more about this here: <https://www.gov.uk/guidance/short-term-options-for-health-welfare-and-financial-decisions>

	Yes	Details
Names of anyone you'd like to care for you?		
Is there anyone you don't want to care for you?		
Names of anyone you'd like to visit you		
Is there anyone you don't want to visit you?		
<b>Any other information that you would like to share with those who care for you?</b>		
Favourite drinks, food		
Favourite TV Show, music, audio book		
Favourite clothing, personal products (ie hand cream)		
Any religious requirements you may have, specific to your beliefs and practice		



# 9. After My Death

	Yes	Details
Do you have a funeral plan?		

If yes, where can it be found? Does it include all the details you have added here? If not you may like to print off this section and keep it with your funeral plan

## Funeral Plan

Do you have a preference for which Funeral Directors be called when you die?		
--	--	--

*Please note: Funeral Directors may take into consideration how far and how long the funeral may take when advising on their charges*

Do you wish to have a funeral in a church? If so which one?		
---	--	--

*Please note: Churches will independently advise on their own charges. There may be additional costs if you want to buy a burial plot outside of your area or there may no longer be availability to do so*

If not in a church, where would you like the service to take place?		
---	--	--

Would you like the funeral to be open to everyone, or family & close friends only?		
--	--	--

Do you have particular pieces of music or readings you would like?		
--	--	--

Is there anyone you would particularly like to speak or read at the service?		
--	--	--

Do you have favourite flowers that you would like to be used?		
---	--	--

Do you have a preferred charity for any collections to be donated to?		
---	--	--

Would you like to have your funeral streamed via Zoom (or equivalent platform)?		
---	--	--

	Yes	Details
Do you want to be Buried?		
If buried, do you have an existing family plot?		
If not, do you have a preference where you would prefer to be buried?		
Do you want to be Cremated?		
If cremated, would you like your ashes buried or scattered?		
Do you have a preference where you would like your ashes scattered? (Permission may need to be sought)		
More information can be found here: <a href="https://www.gov.uk/guidance/cemeteries-and-burials-prevent-groundwater-pollution#disposal-of-ashes">https://www.gov.uk/guidance/cemeteries-and-burials-prevent-groundwater-pollution#disposal-of-ashes</a>		
Have you opted out of Organ Donation?		<a href="https://www.organdonation.nhs.uk/register-your-decision/do-not-donate/">https://www.organdonation.nhs.uk/register-your-decision/do-not-donate/</a>
Have you made plans for your pets to be cared for?		
Do other people hold keys to your house?		
Do you have a house alarm? Who has the code?		





# 10. Other Info you'd like to include





## Life Ledger

Close, freeze or transfer all of your loved one's accounts from one place:

<https://www.lifeledger.com>



## Security information – you must keep this document in a secure place

We suggest you only use the parts of this document that are relevant to you. You could print them out and store separately – you could keep them with your Will, or in a safe or secure drawer.

If you wish to store a copy electronically there are several secure online services available, some of which are free to use. The person you trust to look after your IT will be able to advise you on the method which will work best for you.



w: [annerobsontrust.org.uk](http://annerobsontrust.org.uk)  
social: @AnneRobsonTrust



[annerobsontrust.org.uk](http://annerobsontrust.org.uk)  
Office: 01438 873257

